



EMERGENCY FIRST AID AT WORK

A one-day (6 hours) course suitable for LOW RISK workplaces where full first aiders may not be required or as support for full first aiders.

The program will include resuscitation, the treatment of an unconscious casualty, treatment of wounds and paediatric etc.

Certificates are valid for three year and will be awarded to candidates who satisfy the trainer/assessor of their competency.

Outcomes:

The knowledge and confidence to deal with a First Aid emergency with basic life saving skills.

- The role of the first aider
- Communicating with a casualty
- Contents of first aid kits (and avoiding cross infection)
- Recording of incidents and accidents
- Assessing the situation and circumstances in order to act safely, promptly and effectively in an emergency
- Administer first aid to a casualty who;
 - is unconscious
 - requires cardio pulmonary resuscitation (CPR)
 - is choking
 - is wounded or bleeding
 - is in shock
 - has minor conditions - to include: minor cuts, grazes and bruises, minor burns & scalds, small splinters

Course information

Duration: 6 hours content.
Assessment: Practical skills test
Prerequisite: None
Timings: 09:00 to 15:30